# Your dog’s daily care plan



## Build a flexible rhythm around this dog’s health, comfort and individual needs.

Use this with the full guide.
Adapt the plan to your animal.

**YOUR CHECKLIST**

- [ ] Agree who handles meals, toileting, activity and rest.
- [ ] Keep meals familiar and fresh water available.
- [ ] Offer frequent toilet opportunities and reward success.
- [ ] Protect undisturbed rest and a voluntary retreat.
- [ ] Record appetite, drinking, toileting and changes.
- [ ] Adjust difficult interactions and ask for help early.

This is a planning aid, not a fixed settling timetable. Discuss new health or behaviour concerns with your vet.

Read the complete guide: https://gaw.org.au/blog/rescue-dog-first-week/

Sources checked 10 November 2026

RSPCA WA — Settling a dog into your home

Dogs Trust — Understanding body language